

CLBC PRAYER WEEK AND FASTING DIARY JANUARY 2025

Welcome to our January Prayer Week diary.

Each day we have a focus prayer items and the Bible verse(s) to meditate on.

We encourage you to use these prayer points in your daily prayers as a family, prayer group or an individual.

Please follow the PRAY model as a group or an individual:

- **P** = Praise: Tell God you love Him and thank Him. Psalm 69:30
- **R** = Repent: Confess any sin. Acts 3:19-20
- **A** = Ask: Ask God to help you and others. 1 John 5:14
- **Y** = Yield: Pause and listen to God's word. Psalm 130:5

Week of Prayer, Fasting and Seeking God

Please pray and fast whenever and wherever you are.

'So we fasted and earnestly prayed... and he heard our prayer' Ezra 8:23.

Have you ever fasted? Do you know what it is, or why people do it?

Christian fasting is a sacred time in which Christians abstain from food, or other pleasures, and take the time to focus on God.

Fasting is a spiritual discipline meant to benefit us. It is good for us.

As we fast, we recognise our weakness without God's provision, and our total need for God. When Ezra found life overwhelming, he knew God's help was essential, or he'd collapse under the weight of his problems. So, he and his friends 'fasted and prayed' (Ezra 8:23). God honoured their commitment.

What now? If you think it is safe for you, consider putting it into practice: fast by skipping a meal or an activity, and use that time to pray for a specific area, person, people, or situation.

CLBC PRAYER AND FASTING WEEK**13- 18 January 2025**

Mon 13 th 7pm	<p><u>"Renewed by the Spirit"</u></p> <p>Pray that as we surrender ourselves to God in fasting and prayer, that the Lord will reveal His plan for our lives. Lift up those who are struggling to understand the concept of God's grace. Titus 3:5-6, 1 Corinthians 12:3. <i>Matthew 6:33</i></p>
Tues 14 th 8pm	<p><u>"Health and Wellbeing"</u></p> <p>Ask the Holy Spirit to guide you to live fully and abundantly in Christ Jesus. Lift up those who feel mentally, emotionally, physically and spiritually disconnected. Pray that they may experience the life-giving presence of the Holy Spirit and be made alive in Christ Jesus.</p> <p><i>Romans 8:9-11; John10:10; Galatians 2:20</i></p>
Wed 15 th 8pm	<p><u>"Families and Finances"</u></p> <p>Ask for a deeper experience of the Holy Spirit as you embrace your new identity as God's beloved child. Pray that families will live confidently under God's love and protection.</p> <p>Pray for those in our families who are distant from God, to experience, his love and the security of being his children, finding peace and joy in His embrace.</p> <p><i>Romans 8:15; Colossians 4:6; Romans 5:5</i></p>
Thurs 16 th 7pm	<p><u>"Education, Careers and Businesses"</u></p> <p>Pray that the spirit will give you the strength and humility to lay down control and surrender to the mind of Christ. Pray against the division in our world, country and churches.</p> <p>Ask the Spirit for an outpouring of love and wisdom, that will guide us into unity and compassion.</p> <p><i>1 Corinthians 2:13 - 16; Romans 8:5-6; Joel 2:25-26</i></p>
Frid 17 th 8pm	<p><u>"A unified Church"</u></p> <p>Pray for the church to grow in unity, not uniformity, but specifically unity of the Spirit.</p> <p>Pray for the church around the world to keep in step with the Spirit of God in order to make Jesus known.</p> <p>Consider ways that we can contribute to Unity among our Community of believers. Ask the Lord to use you as an agent of his peace.</p> <p><i>Ephesians 2:14-18; Ephesians 4:1-6; Psalm 133 1 Corinthians 3:6-7</i></p>
Sat 18 th 10am	<p><u>"A Spiritual Church"</u></p> <p>Pray for those organizations of which we are part of that they will continue to grow and that as living stones will continue to be built up. Ask God for his church to increasingly hear his voice and obey Him so we can be and do His will and purpose.</p> <p><i>Revelation 22:17; John 17:15; Galatians 5:25; Ephesians 4:1-6; Mathew 5:13-15</i></p>